



## Lee County Parks and Recreation Lehigh Acres Senior Center May 2025

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Monday-Friday 8 a.m.-4 p.m.

You must sign up for any event with asterisks \*\* by the Thursday prior to the event. If not indicated, the sign up sheet is at the front desk.

See back for activity schedule.

Speakers are for informational purposes and not necessarily endorsed by Lee County Parks & Recreation.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		Acres Senior Citizens Cente 219 Plaza Drive ehigh Acres, FL 33936 239-369-5355 www.leeparks.org	er	1 1 p.m. **Freedom Health - Move & Groove Series (2 of 4)  MAX 20  FREEDOM  1:30-3:30 p.m. **Savvy Caregiver  Training in Rooms 107 & 108	2 10 a.m. **Photo Shoot - Billy's Creek Preserve 1-3:30 p.m. Karaoke	3
4	5 11:45 a.m. **Field Trip - Pelican's SnoBalls & Mini Golf LIMIT 13	6 2:30 p.m. **Harry Chapin - "Portion Control"  Harry Chapin Food Bank OF SOUTHWEST FLORIDA	7 2 p.m. **Zac Brown Law Firm - Estate Planning & Medicaid Myths: What Most Don't Know But Should  ZACHARIA BROWN Estate Planning and Elder Law Attorneys www.ZacBrownLaw.com	8 Dancercize @ 9 a.m. Full Body @ 9:45 a.m Noon **Hand & Foot Tournament w/ Sack Lunch \$6 (Kitchen) Sign up 4/14-5/1  1:30-3:30 p.m. **Savvy Caregiver Training in Rooms 107 & 108	9 <u>9 a.m.</u> Board Meeting  1-3:30 p.m. Karaoke	10
Mother's Day	12 11:45 a.m. **Field Trip - Pelican's SnoBalls & Mini Golf LIMIT 13	13 <u>2:30 p.m.</u> **Humana - The Power of Positivity: When Life Gives Us Lemons.  Humana	14 <u>11:45 a.m.</u> **Hot Dog Day - \$3 (Kitchen)  Sign up 4/21-5/12  2 p.m. **Movie Day	15 1 p.m. **Mother's & Father's Derby Day & Ice Cream Social - \$3 (Kitchen) Sign up 4/21-5/8  1:30-3:30 p.m. **Savvy Caregiver Training in Rooms 107 & 108	Voter Information (Card Room)  EEE COUNTY ELECTIONS  1-3:30 p.m. Karaoke	17
18	19 11:45 a.m. **Field Trip - Pelican's SnoBalls & Mini Golf LIMIT 13	20 2:30 p.m. **  W G  W/ Harmony Meadows	21 2:30 p.m. **Dedicated Sr. Medical Ctr Zumba  Dedicated Senior Medical Center A CHENNED COMPANY	22 1 p.m. **Freedom Health - Move & Groove Series (3 of 4)  MAX 20  FREEDOM HEALTH  1:30-3:30 p.m. **Savvy Caregiver Training in Rooms 107 & 108	23 1-3:30 p.m. Karaoke	24
25	CLOSED MEMORIAL	27 2:30 p.m. **Lee County Library - Community Conversations "Honoring Service Members"  LIMIT 15  Library System	28 2:30 p.m. **The Dubin Center - Brain Boosters: Games & Activities THE DUBIN CENTER	29 1 p.m. **Freedom Health - Move & Groove Series (4 of 4)  MAX 20  FREEDOM HEALTH  1:30-3:30 p.m. **Savvy Caregiver Training in Rooms 107 & 108	30 1-3:30 p.m. Karaoke	31