

Class	Price	Contact
Adult Tap Intermediate-I, Beginner-B R	\$15/Drop-in Fee	Marilyn DiEnno (239) 498-2022
Cardio, Strength, and Tone (Cardio S&T) M, W, F	\$38/Month \$10/Drop-in Fee	Heather Simpson (239) 888-2866
Ceramics T, W, F	\$15/Month *Workshop Prices Vary	Esteroceramics @yahoo.com
LaBlast Dance Fitness W, F	\$20/Month-W \$20/Month-F \$10/Drop-in Fee	Tracy Cox (240) 308-9034
Line Dancing Absolute Beginner-AB, Beginner-B, Improver-I, A-Advanced U	\$10/Drop-in Fee	Valerie Soares (941) 769-5008
Little Ninjas (ages 4-5) S	\$75/Month	Justin Barrett (941) 421-8922
Mat Pilates T, R	\$56/Month \$30/4 Classes \$10/Drop-in Fee	Meredith Cavaleri (239)309-9389
Personal Training	*Pricing Varies. Please contact instructor	Heather Simpson (239) 888-2866
Stretch 101 R	\$30/Month	Heather Simpson (239) 888-2866
Table Tennis T, S	\$60/hour Private Sessions *Appointment only	Purvi Naik (239) 272-8941
Table Tennis for Parkinson's S	\$15/Session	Purvi Naik (239) 272-8941
Tae Kwon Do (TKD) M, W, F, S	\$90/Month \$75/Month for additional family members	Justin Barrett (941) 421-8922 jbarrett1283@gmail.com
Tai Chi Intermediate-I, Beginner-B T	\$24/Month \$14/2 Classes	David Davenport (239) 949-6988
Tang Soo Do T, R	\$69/Month	Tim Murphy tmurphy754@gmail.com
Yoga M, W	\$24/Month-M \$32/Month-W \$10/Drop-in Fee	Tracy Cox (240) 308-9034
Zumba M	\$15/Month \$10/Drop-in Fee	Tracy Cox (240) 308-9034

## Open Recreation Schedule

Please see inside of Trifold for any Gym Closures

**Sunday:**

Pickleball: 9 a.m.-12:30 p.m. (Ct. 1 & 2)  
Open Gym Volleyball: 1-4:45 p.m. (Ct. 1 & 2)  
USA South Volleyball: 9 a.m.-4:45 p.m. (Ct. 3)

**Monday:**

Open Gym Basketball: 7-8:30 a.m. (Ct. 1 & 2)  
Open Gym Volleyball: 7-8:30 a.m. (Ct. 3)  
Senior Basketball: 10:35 a.m.-1 p.m. (Ct. 1 & 2)  
Senior Volleyball: 10:35 a.m.-1 p.m. (Ct. 3)  
Open Gym Volleyball: 2:30-5 p.m. (Ct. 1 & 2)  
USA South Team Practice: 4-8:45 p.m. (Ct. 3)  
Adult Basketball (18+): 5-8:45 p.m. (Ct. 1 & 2)

**Tuesday:**

Pickleball: 7 a.m.-2 p.m. (Cts. 1-3)  
USA South Team Practice: 4-8:45 p.m. (Ct. 3)  
Open Gym Volleyball: 4-8:45 p.m. (Ct. 1 & 2)

**Wednesday:**

Open Gym Basketball: 7-8:30 a.m. (Ct. 1 & 2)  
Open Gym Volleyball: 7-8:30 a.m. (Ct. 3)  
Senior Basketball: 10:35 a.m.-1 p.m. (Ct. 1 & 2)  
Senior Volleyball: 10:35 a.m.-1 p.m. (Ct. 3)  
Open Gym Basketball: 1-4:45 p.m. (Ct. 1 & 2)  
USA South Team Practice: 4-8:45 p.m. (Ct. 3)  
Pickleball: 5-8:45 p.m. (Ct. 1 & 2)

**Thursday:**

Pickleball: 7 a.m.-1 p.m. (Cts. 1-3)  
Homeschool P.E. (Reg Req): 1:05-3 p.m. (Cts. 1-3)  
Ages 6-8: 1:05-1:40 p.m., Ages 9-11: 1:45-2:20 p.m.,  
Ages 12-14: 2:25-3 p.m.  
Last P.E. May 08: 1:15-2:15 p.m. All ages together  
USA South Team Practice: 4-8:45 p.m. (Ct. 3)  
Adult Basketball (18+): 5-8:45 p.m. (Ct. 1 & 2)

**Friday:**

Open Gym Basketball: 7-8:30 a.m. (Ct. 1 & 2)  
Open Gym Volleyball: 7-8:30 a.m. (Ct. 3)  
Senior Basketball: 10:35 a.m.-1 p.m. (Ct. 1 & 2)  
Senior Volleyball: 10:35 a.m.-1 p.m. (Ct. 3)  
USA South Team Practice: 4-6:45 p.m. (Ct. 3)  
Family Basketball & Volleyball: 1-6:45 p.m. (Ct. 1 & 2)

**Saturday:**

Open Gym Basketball: 9 a.m.-4:45 p.m. (Ct. 1 & 2)  
USA South Team Practice: 9 a.m.-4:45 p.m. (Ct. 3)

## Estero Park & Recreation Center MAY 2025

### Hours of Operations:

Monday-Thursday 7 a.m.-9 p.m.

Friday 7 a.m.-7 p.m.

Saturday & Sunday 9 a.m.-5 p.m.

Workout & Locker Room open during business hours-  
closing 15 minutes prior to building closure

### Memberships:

#### Lifetime Facility Membership:

This membership entitles the individual to  
general use of the facility including:  
gymnasium activities, locker rooms, and  
game room.

\$10 Individual | \$25 Family

#### Workout Room Membership:

1 month - \$20  
6 months - \$80  
1 year - \$120



Scan our QR Code with your  
mobile device to be brought  
to our webpage.



Estero Park & Recreation Center  
9200 Corkscrew Palms Blvd,  
Estero, FL 33928  
(239) 533-1470 | [www.leeparks.org](http://www.leeparks.org)



# MAY 2025

## Announcements:

- May 02-05: Gymnasium Closure: BB Alliance
- May 09: No Family Night
- May 10-11: Gymnasium Closure: Back Row Attack Volleyball Invitational
- May 13: PROGRAM BASH 4-5:30 p.m. Ages 6-12. Registration Required.
- May 14-17: Gymnasium Closure: NHSGA
- May 26: Facility Closure: Memorial Day

## Reminders:

- Calendar and Schedule are subject to change without notice.
- Family Night is for youth 17 and under. Ages 12 and under must have an adult present.
- Workout Room: Children ages 14 & 15 years old must be accompanied by an adult 18 years or older. Children 13 and under are not permitted in the Workout Room.

SUN	MON	TUE	WED	THU	FRI	SAT
<b>ERC Programs (Registration Required):</b> <ul style="list-style-type: none"> <li>•Brush Hour (177627): Ages 8-11, Free for May</li> <li>•Homeschool PE (177402): Ages 6-14</li> <li>•Tot Time (177503): Ages 2-4</li> <li>•Program Bash (177747): Ages 6-12</li> </ul>				<b>1</b> Art League: 9 a.m.-3 p.m. Stretch 101: 10-11 a.m. Tot Time: 10-11:30 a.m. Adult Tap: 10:45-11:45 a.m. Parkinson's: 11 a.m.-Noon Mat Pilates: 1-2 p.m. Tang Soo Do: 5-6:30 p.m.	<b>2 Gym Closed</b> Ceramics: 9 a.m.-Noon TKD: 5 p.m. / 6 p.m.	<b>3 Gym Closed</b> Little Ninjas: 9-9:45 a.m. TKD: 10-11:30 a.m. *Table Tennis: 11:30 a.m.-2 p.m. TT Parkinson's: 2-3:30 p.m.
<b>4 Gym Closed</b> Line Dancing AB: 9:30-10 a.m. Line Dancing B: 10-11 a.m. Line Dancing I: 11-11:30 a.m. Line Dancing A: Noon-3 p.m.	<b>5 Gym Closed</b> Art League: 9 a.m.-3 p.m. Parkinson's: 11 a.m.-Noon TKD: 5:30 p.m. / 6:30 p.m.	<b>6</b> Tai Chi I: 9-9:45 a.m. Tai Chi B: 10-10:45 a.m. Mat Pilates: 1-2 p.m. Brush Hour: 3-4 p.m. Ceramics: 4:45-8 p.m. Tang Soo Do: 5-6:30 p.m. *Table Tennis: 6-8:30 p.m.	<b>7</b> Cardio S&T: 9:30-10:30 a.m. Woodcarvers: Noon-3 p.m. Ceramics: 4:45-8 p.m. TKD: 5:30 p.m. / 6:30 p.m.	<b>8</b> Art League: 9 a.m.-3 p.m. Stretch 101: 10-11 a.m. Adult Tap: 10:45-11:45 a.m. Parkinson's: 11 a.m.-Noon Mat Pilates: 1-2 p.m. Tang Soo Do: 5-6:30 p.m.	<b>9 No Family Night</b> Ceramics: 9 a.m.-Noon Cardio S&T: 9:30-10:30 a.m. TKD: 5 p.m. / 6 p.m.	<b>10 Gym Closed</b> Little Ninjas: 9-9:45 a.m. TKD: 10-11:30 a.m. *Table Tennis: 11:30 a.m.-2 p.m. TT Parkinson's: 2-3:30 p.m.
<b>11 Gym Closed</b> Line Dancing AB: 9:30-10 a.m. Line Dancing B: 10-11 a.m. Line Dancing I: 11-11:30 a.m. Line Dancing A: Noon-3 p.m.	<b>12</b> Art League: 9 a.m.-3 p.m. Cardio S&T: 9:30-10:30 a.m. Parkinson's: 11 a.m.-Noon TKD: 5:30 p.m. / 6:30 p.m.	<b>13</b> Tai Chi I: 9-9:45 a.m. Tai Chi B: 10-10:45 a.m. Mat Pilates: 1-2 p.m. Program Bash: 4-5:30 p.m. Ceramics: 4:45-8 p.m. Tang Soo Do: 5-6:30 p.m. *Table Tennis: 6-8:30 p.m.	<b>14 Gym Closed</b> Cardio S&T: 9:30-10:30 a.m. Woodcarvers: Noon-3 p.m. Ceramics: 4:45-8 p.m. TKD: 5:30 p.m. / 6:30 p.m.	<b>15 Gym Closed</b> Art League: 9 a.m.-3 p.m. Stretch 101: 10-11 a.m. Adult Tap: 10:45-11:45 a.m. Parkinson's: 11 a.m.-Noon Mat Pilates: 1-2 p.m. Tang Soo Do: 5-6:30 p.m.	<b>16 Gym Closed</b> Ceramics: 9 a.m.-Noon TKD: 5 p.m. / 6 p.m.	<b>17 Gym Closed</b> Little Ninjas: 9-9:45 a.m. TKD: 10-11:30 a.m. *Table Tennis: 11:30 a.m.-2 p.m. TT Parkinson's: 2-3:30 p.m.
<b>18</b> Line Dancing AB: 9:30-10 a.m. Line Dancing B: 10-11 a.m. Line Dancing I: 11-11:30 a.m. Line Dancing A: Noon-3 p.m.	<b>19</b> Art League: 9 a.m.-3 p.m. Cardio S&T: 9:30-10:30 a.m. Zumba: 10:45-11:45 a.m. Parkinson's: 11 a.m.-Noon Yoga: Noon-1 p.m. TKD: 5:30 p.m. / 6:30 p.m.	<b>20</b> Tai Chi I: 9-9:45 a.m. Tai Chi B: 10-10:45 a.m. Mat Pilates: 1-2 p.m. Ceramics: 4:45-8 p.m. Tang Soo Do: 5-6:30 p.m. *Table Tennis: 6-8:30 p.m.	<b>21</b> Cardio S&T: 9:30-10:30 a.m. LaBlast: 10:45-11:45 a.m. Yoga: Noon-1 p.m. Woodcarvers: Noon-3 p.m. Ceramics: 4:45-8 p.m. TKD: 5:30 p.m. / 6:30 p.m.	<b>22</b> Art League: 9 a.m.-3 p.m. Stretch 101: 10-11 a.m. Adult Tap: 10:45-11:45 a.m. Parkinson's: 11 a.m.-Noon Mat Pilates: 1-2 p.m. Tang Soo Do: 5-6:30 p.m.	<b>23</b> Ceramics: 9 a.m.-Noon Cardio S&T: 9:30-10:30 a.m. TKD: 5 p.m. / 6 p.m.	<b>24</b> Little Ninjas: 9-9:45 a.m. TKD: 10-11:30 a.m. *Table Tennis: 11:30 a.m.-2 p.m. Chess Club: Noon-4 p.m. TT Parkinson's: 2-3:30 p.m.
<b>25</b> Line Dancing AB: 9:30-10 a.m. Line Dancing B: 10-11 a.m. Line Dancing I: 11-11:30 a.m. Line Dancing A: Noon-3 p.m.	<b>26</b> <div style="text-align: center; font-size: 2em; color: #0072bc; font-weight: bold;">Facility Closure</div>	<b>27</b> Tai Chi I: 9-9:45 a.m. Tai Chi B: 10-10:45 a.m. Mat Pilates: 1-2 p.m. Ceramics: 4:45-8 p.m. Tang Soo Do: 5-6:30 p.m. *Table Tennis: 6-8:30 p.m.	<b>28</b> Woodcarvers: Noon-3 p.m. Ceramics: 4:45-8 p.m. TKD: 5:30 p.m. / 6:30 p.m.	<b>29</b> Art League: 9 a.m.-3 p.m. Adult Tap: 10:45-11:45 a.m. Parkinson's: 11 a.m.-Noon Mat Pilates: 1-2 p.m. Tang Soo Do: 5-6:30 p.m.	<b>30</b> Ceramics: 9 a.m.-Noon Cardio S&T: 9:30-10:30 a.m. TKD: 5 p.m. / 6 p.m.	<b>31</b> Little Ninjas: 9-9:45 a.m. TKD: 10-11:30 a.m. *Table Tennis: 11:30 a.m.-2 p.m. TT Parkinson's: 2-3:30 p.m.

### South County Regional Library holds events here at ERC:

Family Storytime: May 06: 10-10:30 a.m.  
Book Discussion: May 14: 2-3 p.m. Favorite Reads  
Family Storytime: May 20: 10-10:30 a.m.  
Summer Reading Kickoff Celebration: May 31: 10 a.m.-Noon

### Non-Fee Programs Contacts

- Art League: David (339) 832-0478
- Chess Club: Kevin, kebeal@gmail.com
- Parkinson's Program: Michelle (239) 366-9400
- Woodcarvers: Warren (239) 810-3488